

A collaboration between Adaptive Equipment and Caregiving Corner & FACETS Healthcare Training (FHT)

An RNA is a certified nursing assistant (CNA) with specialized training in rehabilitation skills who assists the restorative team with supervised and delegated restorative programs.

Unlike CNA, states or federal agencies do NOT regulate the education and certification of the RNA designation! RNA is considered an enhanced or specialized CNA role rather than a specific certification or license.

Prerequisite: current CNA, LNA, or STNA or worked as a CNA within the past three years. Recommended for **any** CNA who wishes to enhance their skill set.

Two-part course:

1. Theory: 100% online, self-study, self-paced; ~30 hours of coursework

- 15 Lesson plans, each followed by a 10-question quiz, must pass each quiz with an 88% minimum grade (unlimited quiz attempts)
- Pass a 75-question final exam with an 88% minimum grade (unlimited quiz attempts)
- Cannot advance or skip lesson plans, quizzes, or final exam because they build upon each other

2. Skills Check-off:

- Must complete the theory (part 1) before proceeding to the skills check-off
- Skills check-off by a Physical Therapist (PT), Occupational Therapist (OT), Physical Therapy Assistant (PTA), or Certified Occupational Therapy Assistant (COTA)
- Approximately 1 hour of skills per student; check-off may be completed in student groups

Upon completion of both parts, the student receives an **“Evidence of Course Completion”** document, and the CNA may use the **RNA** designation.

Three Ways to Enroll in the Course

1. RNA Training Provider	2. Self-Study CNA <i>with</i> Therapy	3. Self-Study CNA <i>without</i> Therapy
Is an organization that provides the RNA course directly to a student	The CNA purchases the course directly from FHT and the CNA finds their own therapy personnel for check-off of skills	The CNA purchases the course directly from FHT & we locate a therapist for skills check-off.
Examples: a school, a training program, SNF, rehabilitation center, hospital, a healthcare provider	Cost: \$175, student purchases the access code directly from FHT	Cost: \$175 course + \$145 hire therapist = \$320 total pd directly to FHT
The organization purchases the course from FHT and delivers it to a student	Student finds their own therapy personnel and negotiates pricing for skills check-off.	
Cost: An active account + \$175 to purchase a student access code from FHT. Current subscribers of Curriculum Integration (CI) or Curriculum Integration Plus (CI+) need not repurchase.		
The training provider generates and purchases student access codes directly from FHT at \$175 per code		

Course Considerations:

- The student uses the purchased **access code** to login to FHT and completes the course.
- A student access code is valid for 3-months from the date of code redemption. Failure to complete the course within the 3-month subscription period will result in the expiration of the subscription and loss of any completed coursework.
- Repurchase of a student access code is \$175.
- A training program who fails to provide a student with access to rehab personnel for skills check-off of the 10 skills for at least one session during a student's 3-month subscription will result in the cancellation of the training provider's Administrator Account and no refund will be issued by FHT.
- Skills check-off may occur at a school, a rehab facility, SNF, hospital, etc. Not recommended in a home setting, unless all the needed equipment is available.
- A training provider monitors and guides the student's course progress.
- **Course Continuing Education Units (CEUs)**
 - RNA course earns 15 CEUs
 - Please check with your state or CNA regulatory body to verify if CEUs are accepted for completing the RNA course
 - **Disclosure:** FACETS Healthcare Training nor Adaptive Equipment and Caregiving Corner are authorized CEU providers in any state!
- To get started, for more info, or to watch numerous informational videos go to <https://facetshealthcare.com/news>
- **Note:** Please check with your state's regulating agency to check any specific requirements for completing or offering the RNA course.