

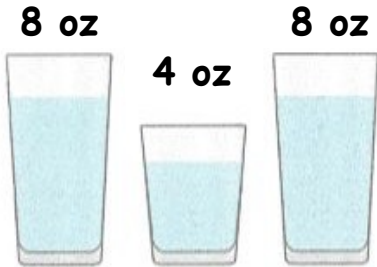


Fluid Intake Practice

Version 1

Name _____

Date _____

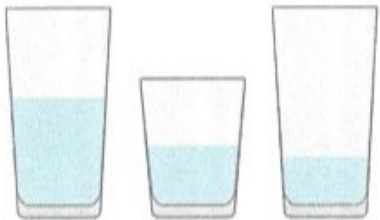


Glass 1 _____ oz _____ ml

Glass 2 _____ oz _____ ml

Glass 3 _____ oz _____ ml

Total Intake _____ oz _____ ml

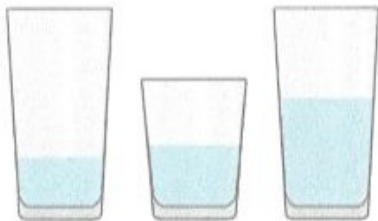


Glass 1 _____ oz _____ ml

Glass 2 _____ oz _____ ml

Glass 3 _____ oz _____ ml

Total Intake _____ oz _____ ml



Glass 1 _____ oz _____ ml

Glass 2 _____ oz _____ ml

Glass 3 _____ oz _____ ml

Total Intake _____ oz _____ ml

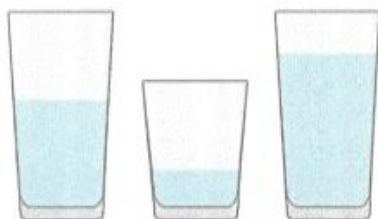


Glass 1 _____ oz _____ ml

Glass 2 _____ oz _____ ml

Glass 3 _____ oz _____ ml

Total Intake _____ oz _____ ml



Glass 1 _____ oz _____ ml

Glass 2 _____ oz _____ ml

Glass 3 _____ oz _____ ml

Total Intake _____ oz _____ ml

Remember:

- 1 oz = 30 ml
- 1 (one) 8 oz glass=240 ml, 1 (one) 4 oz glass=120 ml, and 1 (one) 8oz glass=240 ml
- IMPORTANT: the amount DRANK from each of the 3 glasses is 1/4, 1/2, or 3/4

Procedure:

1. Look at glass #1, #2, and #3 and write the amount DRANK in oz then convert to ml
2. Using a calculator, add the amount of ml drank from all 3 glasses, and record the TOTAL in the section "Total Intake _____oz _____ml"
3. You are not required to calculate ounces (oz) in state board testing, must record in ml

Common Mistakes:

- Simple math errors. Use a calculator-it's easy to make math errors when you are under stress such as in state board testing. You will have a calculator, scratch paper, and a pen available to you one in state boards testing.
- DO NOT calculate the amount REMAINING in the glass - remember, you are calculating the amount DRANK!!
- You will not be allowed to use a measuring device during state board testing.



Watch the "Fluid Intake" Skill Video on the FACETS Healthcare website www.facetshealthcare.com for a power-packed review and more tips!

Answers:

1st Set	Glass #1 2 oz 60 ml Glass #2 1 oz 30 ml Glass #3 <u>2 oz 60 ml</u> Total Intake 5 oz 150 ml
2nd Set	Glass #1 4 oz 120 ml Glass #2 2 oz 60 ml Glass #3 <u>6 oz 180 ml</u> Total Intake 12 oz 360 ml
3rd Set	Glass #1 6 oz 180 ml Glass #2 2 oz 60 ml Glass #3 <u>4 oz 120 ml</u> Total Intake 12 oz 360 ml
4th Set	Glass #1 6 oz 180 ml Glass #2 3 oz 90 ml Glass #3 <u>4 oz 120 ml</u> Total Intake 13 oz 390 ml
5th Set	Glass #1 4 oz 120 ml Glass #2 3 oz 90 ml Glass #3 <u>2 oz 60 ml</u> Total Intake 9 oz 270 ml